

Family Schedule

6:00: Mom gets up

7:30: Kids up. Breakfast. Get ready for the day!

8:30: Chores

9:30: Play outside

10:30: Snack and reading

11:30: Education time

12:30: Lunch

1:30: Technology time

2:30: Writing time

3:30: Exercise outside

4:30: Quiet time (or help mom with dinner)

5:30: Dinner

6:30: Reading time

____: Bed time

